

## 3 Methods to Measure! your ring size

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## **Ring Size Guide**

There are several factors that affect the ring size besides the actual finger measurement.

1st: Fingers are not perfectly round, although most rings are.

2nd: The difference in size between finger joints and the place where a ring sits also affects the choice of ring size.

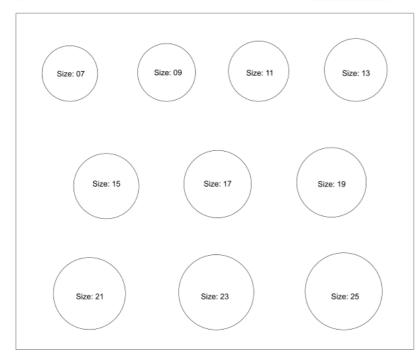
3rd: Fingers change size in response to body chemistry and temperature, sometimes by several sizes.

The size that is chosen is also affected by the specific ring.

Wider rings will require larger sizes than thinner rings, even for the same finger. Often, the BEST way to determine ring size is to go to a jeweler for a fitting

and remember which country unit that the jeweler is using (eg- Japan sizing, UK sizing, US sizing etc..)

Keeping this in mind, here are 3 possible ways to help 'ESTIMATE' the size that you need.



If the finger is not available for measuring (i.e. a surprise gift), use a ring from the individual's current jewelry collection. Place the ring on a circle within the chart below. The correct circle size should fit right against the inside edge of the ring.

Size:	Circumference:	Diameter:
	Millimeters:	Millimeters:
07	47.52	15.12
09	49.65	15.80
11	51.60	16.42
13	53.60	17.07
15	55.80	17.75
17	57.80	18.40
19	59.65	18.98
21	61.85	19.68
23	64.30	20.47
25	65.90	20.96

Measure your finger by wrapping a string around it. Find the length of the string that makes exactly one loop around, and use the chart below for reference.



- Print and cut out ring sizer. Cut a small slit where the arrow is marked.
- Place ring sizer comfortably around finger by slipping pointed end through the slit with numbers facing out.
- Secure the ring sizer by pulling the pointed end snuggly around your finger like a belt. Make sure it's neither too loose or too tight.
- Your approximate ring size should be the number that appears where it says "Read Size Here".